

**INTRA
SCHOOL
EVENTS**

Session: 2022-23

HAPPY CLASSES TO WELCOME STUDENTS BACK TO SCHOOL AFTER A GAP OF TWO YEARS



NHES welcomes back juniors after 2 years

Mail News Service

Jamshedpur, March 28: After a gap of nearly two years, Narbheram Hansraj English School (NHES) was again abuzz with children's voices on Monday, March 23 as offline classes restarted maintaining Covid-19 restrictions.

The school was closed down in March 2020 as a precautionary measure against COVID-19.

Students turned up in large numbers and the school authorities tried to adhere to all COVID-19 protocols. NHES saw the return of most of its students to their alma mater on Monday.

The school Principal, Paramita Roy Chaudhury, overwhelmed at the sight of the students, was at the gate to receive them. The President of the School Management Committee, Nakul Kamani, was also glad to hear



the usual hubbub of daily school routine. Realizing the effects of 2 long years of social distancing and leading an almost secluded life, the school has arranged welcome

classes for students of Std 1 to 7. These classes are being held for a week by way of recapitulating what was taught online and setting the tone for the year ahead.

"It was a welcome sight to see the students walking into the school with glowing smiles and expectant looks. Teachers are engaging the students in different activities to arouse their interest in gaining knowledge and adjusting to the school environment. These welcome classes have been carefully planned out to take care of the mental, physical and social health of the students, and to create a happy atmosphere to make the teaching learning process more effective," said the Principal.

She informed that students are enjoying activities like storytelling sessions, puppet shows, quizzes, drawing and experimenting in subjects like Science, English, Maths, E.V.S., Social Studies and Computer Studies. This new initiative is being appreciated by parents. (W-mb)



WORLD HEALTH DAY
DATE : 7TH APRIL, 2022

NARBHERAM HANSRAJ ENGLISH

organises a seminar on mental health

on the occasion of



(7th April, 2022)

at 11:30am in the school auditorium.

Guest Speaker : Mrs. Gurpreet Bhatia, Secretary of Befrienders India (Jeevan Jamshedpur)

WORLD HEALTH DAY DATE : 7TH APRIL, 2022



NHES students get tips to boost mental health

Mail News Service

Jamshedpur, April 8:

With the aim to support students' mental health and their transition back to in-person classroom learning, particularly after extended periods of school closure, Narbheram Hansraj English School organised a seminar on the occasion of World Health Day on Thursday, April 7.

These two years have affected the physical and mental health of the students and are facing problem in adjusting to offline classes.

Guest speaker for the event was educationist and philanthropist Gurpreet Kaur Bhatia. She gave a pep talk to students on mental health to students of class 9 and 12. Bhatia said that mental fitness is more important than physical health, and that, one can overcome stress by prioritizing tasks effectively. She gave tips on how to maintain physical, mental



and social health. Her guidance was well appreciated by the students

School Principal Paramita Roy Chaudhury felicitated the guest speaker and said, "Pandemic has impacted every one over the world, especially children. Two years after the pandemic broke out, students have started coming to school so we felt it was imperative that the school takes care of the physical, mental and social health of students." The seminar was organized by JYOTI, G.K and Interact Club of the school. It was an interactive session in which the students raised several questions and came up with problems. (W-mb)



SPELL WELL (STD 1 TO 12)

DATE : 4TH & 13TH APRIL, 2022

WINNERS



ANSHIKA Singh – 2A
1st Position



Aryan – 2D
2nd Position



Shriyadita Modak - 4A
1st Position



Rounak Choudhary - 4C
2nd Position



Tiya Hore - 5A
1st Position



N Bhargava – 6B
2nd Position



Somay Pareek– 8C
1st Position



Ananya Amar – 7C
2nd Position



Kumar Harsh – 10B
1st Position



Piyush Parsad – 10A
2nd Position



Sanoj Kumar Paul -12D
1st Position



Muskan Gupta – 12B
2nd Position

ROTARY CLUB OF JAMSHEDPUR STEEL CITY ORGANISED SCHOOL HEALTH AWARENESS PROGRAMME ON 19TH APRIL, 2022



NHES promotes healthy lifestyle among students



children will become obese in India by 2025, second only to America. As a step to curb this problem, Narbheram Hansraj English School (NHES) invited the Rotary Club of Jamshedpur to conduct health awareness programme to promote healthy lifestyle among students.

Students of Std 8 and 9 attended the awareness programme. Dr. Soma Mukherjee Ghosh (Gold Medalist from Manipal Academy of Higher

Education and practice leader of steel city's Dental Zone) was the guest speaker. She guided students on how to lead a healthy lifestyle for physical and mental fitness and informed that individuals who practice healthy lifestyle behaviors in the early stage of life can withstand health risks in later life.

It was well appreciated by the school Principal, Paramita Roy Chaudhary and the students of the school. (W-mb)

Mail News Service

Jamshedpur, April 21:
With obesity on the rise in

India, it has become a matter of concern for parents and schools. According to a survey, about 17 million

INTRA SCHOOL DEBATE COMPETITION (STD 5 TO 12)

DATE : 20TH & 21ST APRIL, 2022



NARBHERAM HANSRAJ ENGLISH SCHOOL CELEBRATED WORLD EARTH DAY ON 22ND APRIL, 2022



Earth Day: NHES students pledge to protect biodiversity

Mail News Service

Jamshedpur, April 22: Northern Hansraj English School (NHES) conducted host of activities to celebrate Earth Day on Friday, April 22. The theme of Earth Day, 2022 is 'Forest is our Planet'.

Students of the school resolved to protect the environment and biodiversity. An awareness session on the theme 'No to Plastic' was also conducted, whereby chalk powches were made by the school staff and posted by students to encourage them to use eco-friendly items. A seminar was conducted for the students of the school. Guest speakers for the occasion were Dr. Sweta Sharma (Asst. Professor at Graduate College for Women) and Dr. Hishmi Jamil Hussain (Head, Biodiversity, Corporate Sustainability, Tata Steel).

Dr. Sharma spoke on biodiversity, climate change and measures to save the earth. She also gave positions on-civics pertaining to environment. Dr. Hishmi Jamil Hussain spoke on climate change and its impact on our planet. The main aim of the seminar is to raise awareness about the growing concerns of overpopulation, loss of biodiversity and depleting quality of environment, amongst of School Principal Pankaja Roy Choudhary.

Students of Std 7, launched plantation drive in the school in teams of five. Each team will be responsible for the care of plants. Also as a part of Earth Day celebration, The Viral Company and NHES collaborated to create a video to bring about awareness on environmental issues. (Viral)

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THE AVEENUE MAIL | Fri., 22 April 2022
<https://www.roadshow.com/read/115704944>



NARBHERAM HANSRAJ ENGLISH SCHOOL CELEBRATED MAY DAY



NHES honours support staff



Mail News Service

Jamshedpur, May 5: As a mark of respect and regard to the subordinate staff members of Narbheram Hansraj English School (NHES), Labour was observed in the school on Thursday, May 5. School Principal, Paramita Roy Chaudhury, thanked them for their valuable services and appreciated their constant support.

"The gesture was made to bring smile on the faces and show appreciation for their hard work," said principal.

On the occasion faculty members along with and students distributed umbrellas and sweet packets among the sub staff. India has been celebrating May Day or International Labour Day since 1932 to honour labourers whose self pride stops them from asking for alms, and makes them sweat to make a living.(W-mb)



G. K. QUIZ COMPETITION LKG TO STD 4 DATE : 2ND – 5TH MAY, 2022



NURSES' DAY CELEBRATION AT MEDITRINA HOSPITAL, ADITYAPUR

DATE: 12TH MAY, 2022



Narbheram Hansraj English School honours Nurses

Mail News Service

Jamshedpur, May 12: International Nurses Day was celebrated in Jamshedpur on Thursday. Narbheram Hansraj English School (NHES) students and teachers visited Meditrina Hospital and applauded the services rendered by the nurses and felicitated the health workers.



Nurses Day coincides with the birthday of Florence Nightingale, the founder of modern nursing. The theme for this year's Nurses' Day is "Nurses: A Voice to Lead-Invest in Nursing and respect rights to secure global health"

School Principal, Paramita Roy Chaudhury said, "The work of nurses to care for patients with COVID-19 and other diseases throughout the pandemic has shown that they are no less important than doctors.

The event at Meditrina Hospital was just a step taken to pay tribute to these unsung heroes."(W-mb)



GRADUATION NIGHT

DATE : 11TH JUNE, 2022



We cordially invite you to join us in honouring our students at the "Graduation Ceremony" to be held on 11th June, 2022 at 6:00 pm in the school premises. Mrs. Varsha Gandhi, Honorary Secretary, School Managing Committee has kindly consented to be the Chief Guest.

(Mrs. PARAMITA ROY CHAUDHURY)
Principal

GRADUATION NIGHT

DATE : 11TH JUNE, 2022



INTERNATIONAL YOGA DAY & WORLD MUSIC DAY

DATE : 21ST JUNE, 2022



NARBHERAM HANSRAJ ENGLISH SCHOOL

celebrates

World Music Day and International Yoga Day

“YOGA – THE MUSIC OF THE SOUL”

on 21st June -2022



योग और संगीत का पथ्यजन

अमरोदपुर, नरभेराम हंसराज इंग्लिश स्कूल ने योग दिवस को संगीत के मिश्रण के साथ अनोखे तरीके से आयोजित किया। एनएचएस के छात्रों ने इस दिवस के उत्सव में

भाग लिया, कक्षा 10वीं ए की श्रेया रॉय ने कलात्मक योग किया, हर्षिता हंसराज ने लयबद्ध योग और कक्षा तीसरी 'सी' की ओयशानी सिंह ने योग नृत्य किया, कक्षा नौवीं के भार्गवी मंडल द्वारा उन्नत योग मुद्रा का प्रदर्शन किया गया, कक्षा एक के विद्याविंशो द्वारा फ्लॉयड लाइक ए बलरपलाई की धुन पर नृत्य प्रस्तुत किया गया, स्कूल की प्रिंसिपल परमिता रॉय चौधरी ने कहा कि यह प्रयास न केवल छात्रों को, बल्कि उनके माता-पिता और परिवार के अन्य सदस्यों को भी अपने शारीरिक, मानसिक और आध्यात्मिक स्वास्थ्य की देखभाल करने के लिए प्रेरित करेगा।

नरवेराम में लगा और योग और संगीत का तड़का

अंतर्राष्ट्रीय योग दिवस और विश्व संगीत दिवस के अवसर पर नरभेराम हंसराज इंग्लिश स्कूल में योग और संगीत का संगम हुआ। छात्रों ने पूर्वी और पश्चिमी संगीत के समीप प्रदर्शन की वृत्तभूमि में निर्रिक्त आसन किया, कक्षा 10 ए की श्रेया रॉय ने कलात्मक योग किया, वहीं हर्षिता हंसराज ने लयबद्ध योग और कक्षा 3 सी की ओयशानी सिंह ने योग नृत्य किया, कक्षा नौवीं की भार्गवी मंडल द्वारा उन्नत योग मुद्रा का प्रदर्शन किया गया, अंत में कक्षा 1 के विद्याविंशो द्वारा 'फ्लॉयड लाइक ए बलरपलाई' की धुन पर नृत्य प्रस्तुत किया गया, चौके पर स्कूल की प्रिंसिपल श्रीमती परमिता रॉय चौधरी सहित अन्य उपस्थित थे।



INTERNATIONAL YOGA DAY & WORLD MUSIC DAY

DATE : 21ST JUNE, 2022



NATIONAL DOCTOR'S DAY (SEMINAR)

STD 8 TO STD 10

DATE : 1ST & 2ND JULY, 2022



NARBHERAM HANSRAJ ENGLISH SCHOOL

celebrates

Doctors' Day

on 1st July -2022

"GOD GIVES LIFE DOCTOR SAVES LIFE"

GUEST SPEAKERS: 1. DR. N. R. SINGH (General Physician)
2. DR. KIRAN SINGH (Gynaecologist)

DAINK JAGRAN

नर्वेराम हंसराज में दंत चिकित्सा शिविर का आयोजन

जासं, जमशेदपुर : नर्वेराम हंसराज इंग्लिश स्कूल बिष्टुपुर में निश्शुल्क दंत चिकित्सा शिविर का आयोजन किया गया। इसमें स्कूल प्रबंधन की सचिव वर्षा गांधी ने डा. एरिक लियू, डा. नेहाल अमिन, डा. आरोन चैन, डा. जयदीप घोष समेत चिकित्सकों को सम्मानित किया गया।





दंत चिकित्सा शिविर उपस्थित डाक्टर व शिक्षक • स्रोत : स्कूल

3:01 PM 2022
Hansraj English School
felicitates doctors

By News Desk - Saturday, 2 July 2022, 3:01 PM IST



Jamshedpur, July 2: Narbheram Hansraj English School (NHES) organized free consultation and dental camp for the teachers and the sub-staff. Varsha Gandhi (Honorary Secretary of the School Management Committee), felicitated Dr. Eric Liu and his team and lauded their tireless efforts. Dr. Nehal Amin, Dr. Aaron Chen, Dr. Jaydeep Ghosh, Dr. Poulomi Dey, Dr. Ruben Liu, Dr. Asha Khatoon and Dr. Puja Samanta were honoured by the school management.



NARBHERAM HANSRAJ ENGLISH SCHOOL

organises

FREE CONSULTATION AND DENTAL CHECKUP CAMP

on 2nd July -2022

"GOD GIVES LIFE DOCTOR SAVES LIFE"

FACILITATORS: 1. DR. ERIC LIU
2. DR. NEHAL AMIN
3. DR. AARON CHEN
4. DR. JAYDEEP GHOSH
5. DR. POULOMI DEY
6. DR. RUBEN LIU
7. DR. ASHA KHATOON

NATIONAL DOCTOR'S DAY (SEMINAR & DENTAL CAMP)

DATE : 1ST & 2ND JULY, 2022



NARBHERAM HANSRAJ ENGLISH SCHOOL
CELEBRATED
WORLD NATURE CONSERVATION DAY
DATE : 28TH JULY, 2022



NARBHERAM HANSRAJ ENGLISH SCHOOL

celebrates

WORLD NATURE CONSERVATION DAY

on 28th July, 2022

Don't let Mother Nature become "Once Upon a Time".

POSTER DESIGN BY - PRATHAM BHADANI (XII D)

DISTRIBUTION OF PAPER BAGS
STD 12 STUDENTS
VENUE : KADMA MARKET
DATE : 28TH JULY , 2022



प्लास्टिक बैग के खिलाफ बच्चों ने चलाया अभियान



जमशेदपुर. नरभराम हंसराज इंग्लिश स्कूल के विद्यार्थियों ने विश्व प्रकृति संरक्षण दिवस पर एक जागरूकता अभियान का आयोजन किया गया. जिसमें स्कूल के सीनियर क्लास के बच्चों ने सभी को प्लास्टिक से परहेज करने का आह्वान किया. साथ ही सभी को पेपर बैग के इस्तेमाल के प्रति जागरूक किया गया. बच्चों ने सब्जी बाजार में दुकानदारों के बीच पेपर बैग का वितरण भी किया.



PLANTATION DRIVE

DATE : 28TH JULY, 2022



WORLD TIGER DAY ORGANISED ON 29TH JULY, 2022



EVACUATION DRILL

DATE : 30TH JULY, 2022

THE AVENUE MAIL



HINDI EXTEMPORE

DATE : 2ND & 3RD AUGUST, 2022



BOARD RESULTS REVIEW MEETING (STD 10 & STD 12)

DATE : 7TH & 8TH AUGUST, 2022



MEETINGS WITH PARENTS



GROUP RECITATION (ENGLISH)

DATE: 8TH AUGUST, 2022



RAKSHA BANDAN CELEBRATION BY NHES STUDENTS WITH ARMY JAWANS DATE : 12TH AUGUST, 2022

NHES students celebrate Rakhi with Army Jawans

Jamshedpur, Aug 11: Students of Narbheram Hansraj English School on the occasion of Raksha Bhandan gathered at the Army Camp to tie the traditional Rakhi on the wrists of army jawans.

School teacher said, our brothers in the army protect the country from enemies. So "Raksha Bandhan" was celebrated with a difference in NHES. A part of the celebration, a Rakhi



Making Competition was organized for the students of Narbheram Hansraj English School. Students made eco-friendly rakhis with paper, cloth, grains, wool, cotton & thread. (W-mb)



आर्मी कैम्प में जवानों को बांधी राखी
सोनारी आर्मी कैम्प में अमल सांघ क्लब एवं नरभेराम हंसराज इंग्लिश स्कूल के छात्राओं, और शिक्षिकाओं ने पूर्वी घोष के साथ जवानों को राखी बांधा. कमांडिंग ऑफिसर कर्नल संजय शशिधर के साथ कई जवानों को राखी बांधकर उनकी रक्षा के लिए शुभकामनाएं दी.

WORKSHOP ON 'CPR' TRAINING WAS CONDUCTED BY TATA MANIPAL MEDICAL
COLLEGE & TATA STEEL FOUNDATION (ORGANISED BY SAFE CLUB)
DATE : 14TH AUGUST, 2022



The Principal, Staff and the Managing Committee of

NARBHERAM HANSRAJ ENGLISH SCHOOL

cordially invite you to the training session on

BASIC LIFE SUPPORT

organised in collaboration with

Tata Steel Foundation and

Manipal Tata Medical College, Jamshedpur Manipal Academy of Higher Education

Date: 14th August - 2022

Time: 9:30 a.m. onwards

Venue: NHES Auditorium



WORKSHOP ON 'CPR' TRAINING WAS CONDUCTED BY TATA MANIPAL MEDICAL COLLEGE & TATA STEEL FOUNDATION (ORGANISED BY SAFE CLUB)
DATE : 14TH AUGUST, 2022



INDEPENDENCE DAY CELEBRATION

DATE : 15TH AUGUST, 2022



NARBHERAM HANSRAJ ENGLISH SCHOOL

launches

Literacy Programme

for Women Support Staff

"You educate a woman, you educate a generation"

To celebrate



years of Indian Independence

INDEPENDENCE DAY CELEBRATION

DATE : 15TH AUGUST, 2022



LITERACY PROGRAMME FOR WOMEN SUPPORT STAFF LAUNCHED ON INDEPENDENCE DAY

STILL PHOTOGRAPHY COMPETITION

DATE : 18TH AUGUST, 2022



Winner
Tushar Arora, 12E



Runner up
Amrinder Singh, 9C

CRAFT COMPETITION

DATE : 18TH AUGUST, 2022



INTRA SCHOOL EXTEMPORE (STD 9 & 10)

DATE : 17th August, 2022



HINDI ELOCUTION (STD 5 & 6)

DATE : 23RD AUGUST, 2022



WORKSHOP ON DIET & NUTRITION ORGANISED BY ROTARY CLUB OF JAMSHEDPUR WEST DATE : 24TH AUGUST, 2022



THE AVENUE MAIL

NHES students informed about health and nutrition

Mail News Service

Jamshedpur, Aug 26: Rotary Club of Jamshedpur West organised session on health and nutrition food for the students of Narbhawan (Jansaj English School) (NHES) on Thursday.

Dr. Abhis spoke about the importance of healthy mind and body. She said healthy diet is important for growth, development and wellbeing. Eating a healthy diet and immunity development contributes to preventing future illness even and improving quality and length of life. She explained the students

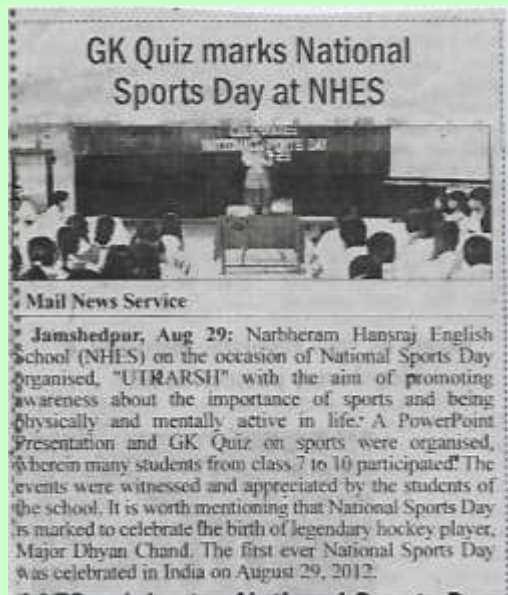


about the food having good nutrition values. She urged students to avoid junk food and emphasized on importance of seasonal fruits and vegetables. 200 students

attended the informative session. Rtn Vinita Gandhi and school Principal Parvata Roy Choudhary were also present along with Babita Kedia and Angura Selgal. (Wish)

NATIONAL SPORTS DAY CELEBRATE THE BIRTH OF LEGENDARY HOCKEY PLAYER, MAJOR DHYAN CHAND SPORTS QUIZ AND POWER POINT PRESENTATION HELD AT NHES DATE : 29TH AUGUST, 2022

PRABHAT KHABAR



HINDI DIWAS

DATE : 14th SEPTEMBER, 2022

आज़ादी के ७५वें अमृत महोत्सव पर प्रवाहित
होती हिंदी की अमृतधारा के समारोह में
आप सभी सादर आमंत्रित हैं।

हिंदी दिवस

सितंबर १४ २०२२

प्रातः ८:०० बजे
नरभेराम हंसराज इंग्लिश स्कूल के
सभागार में

हिंदी विभाग

नरभेराम हंसराज इंग्लिश स्कूल
हिंदी विभाग

हिंद. हिंदी. हिन्दुस्तान

हिंदी दिवस की

हार्दिक शुभकामनाएँ

सितंबर १४ २०२२



हिंदी विभाग

निज भाषा उन्नति अहै,
सब उन्नति को मूल।
बिन निज भाषा-ज्ञान के,
मिटत न हिय को सूल ॥

हिंदी दिवस की हार्दिक शुभकामनाएँ

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HINDI DIWAS

DATE : 14th SEPTEMBER, 2022



PEACE DAY

DATE : 21st SEPTEMBER, 2022



GLOBAL HANDWASHING DAY
AT NARBHERAM HANSRAJ ENGLISH SCHOOL
VENUE : SCHOOL AUDITORIUM
DATE : 14th OCTOBER, 2022



CHILDREN DAY CELEBRATION AT NARBHERAM HANSRAJ ENGLISH SCHOOL DATE : 14th NOVEMBER, 2022



FOUNDER'S DAY

AT NARBHERAM HANSRAJ ENGLISH SCHOOL

DATE : 25th NOVEMBER, 2022



Series of events mark Founder's Day at NHES

Mail News Service

Jamshedpur, Nov 27: Northern Hansraj English School celebrated Founder's Day with great enthusiasm on Friday, November 25.

The school paid homage to Sri Northern Hansraj Kamari, the Founder of the group of schools. The function was graced by Nikal Kamari, President of the school Managing Committee, Varsha Gandhi, Honorary Secretary, other members of the committee and distinguished guests.

On the occasion benefactor who had stepped forward to sponsor the education of the needy students during the pandemic were felicitated.

The committee members who have completed 15 years as members, of the management committee were also felicitated by the President of the school.

This was followed by declaration speech by Shymita Mukherjee who stood 4th in the ASISC Zonal Declaration Contest.

Next, a spectacular dance was performed to the tune of "Vijay Bhava..." to celebrate 75 years of Indian Independence. A fusion of music and art on the same theme was performed. This was followed by a dance on the theme "different elements of nature".

The last performance of the day was a song on "War and Futility" by the students who won first prize in the Carmel Summit, 2022. Further, blankets were distributed to the underprivileged and the needy on the occasion of Founder's Day. (W-mh)




NATIONAL MATHEMATICS DAY

DATE: 21st DECEMBER, 2022

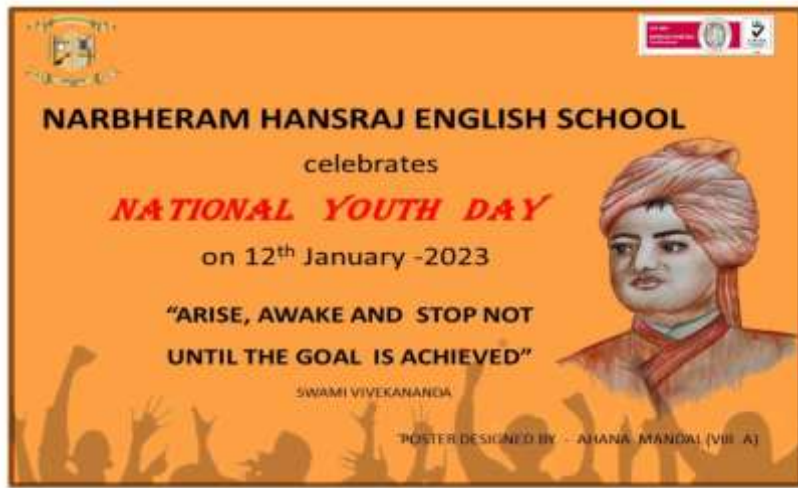


MODEL MAKING

Date: 11TH JANUARY, 2023



YOUTH DAY CELEBRATED AT NARBHERAM HANSRAJ ENGLISH SCHOOL HELD ON 12TH JANUARY, 2023



QUIZ Winners

- Nishi Kumari – Std 9D
- Vinayak Sharma - Std 9D
- Saket Nandan – Std 8D

MATHEMATICA – ANNUAL INTRA SCHOOL MATHS QUIZ COMPETITION HELD ON 13TH & 16TH JANUARY, 2023

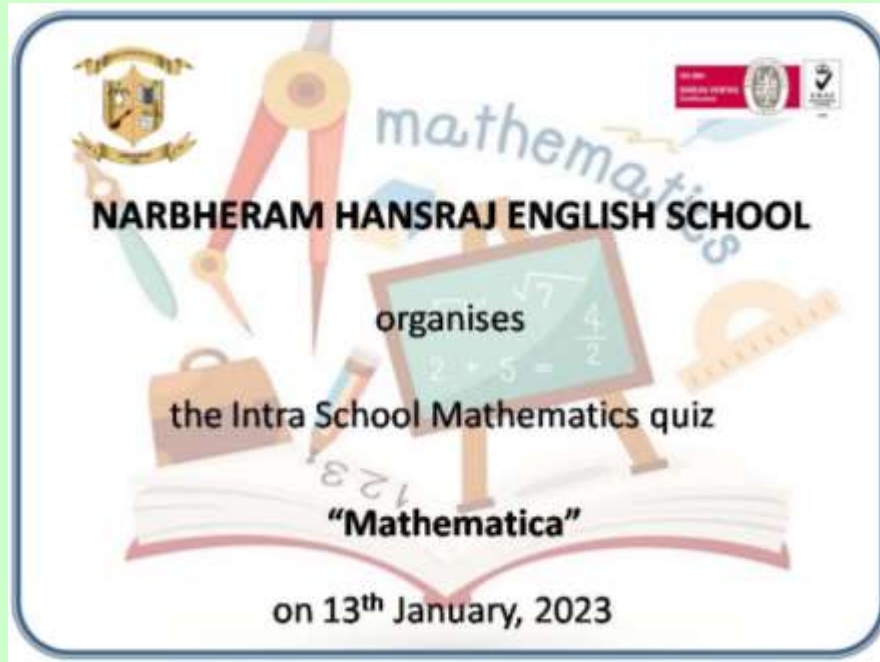
NHES organises Mathematica Quiz



Jamshedpur, Jan 17: Maths department of Narbheram Hansraj English School (NHES) conducted Mathematica Quiz in the school premises. The quiz was conducted in four groups where students from Class 1 to Class 12 participated.

The Mathematica quiz not only challenged the students to use their maths skills in new and creative ways but also provided an interesting and engaging mathematical experience that is both competitive and educational.

Total of four teams- Team Aryabhata, Team Pythagoras, Team Ramanujan and Team Archimedes with two participants in each team participated. (W-mb)



नरभेराम हंसराज इंग्लिश स्कूल में मैथ क्विज. बिष्टुपुर स्थित नरभेराम हंसराज इंग्लिश स्कूल में मैथ क्विज का आयोजन किया गया. जिसमें पहली से बारहवीं क्लास के बच्चों को चार अलग-अलग ग्रुपों में बांटा गया था. इस दौरान बच्चों ने अपनी गणित की क्षमता का प्रदर्शन किया.

